



## Schedule - Survivors

- 8:00 – 9:00 Registration/Pimp My Ride/Icebreakers
- 9:00 – 12:00 Morning Activities
- Relaxation and Gentle Yoga
  - Slam Poetry
  - Volleyball
- 12:00 – 1:30 Gourmet Lunch by Chef Greg Fountain, Sr.
- 1:30 – 4:30 Afternoon Activities
- Art
  - Relaxation and Gentle Yoga
  - Slam Poetry
  - Volleyball
- 4:30 – 6:00 Ice Cream Social/Club 806

## Schedule - Caregivers

- 8:00 – 9:00 Registration/Icebreakers
- 9:00 – 10:30 Session 1—Bradley Daniels, Ph.D, ABPP
- 10:30 – 12:00 Session 2—Freddy S. Kaye, Ph.D., L.D.
- 12:00 – 1:30 Gourmet Lunch by Chef Greg Fountain, Sr.
- 1:30 – 4:30 Wellness & Relaxation Seminar to include:
- Relaxation Massage
  - Express Mani/Pedi
  - Therapeutic Art
- 4:30 – 6:00 Ice Cream Social/Club 806